

Let's Connect!

June 2019 newsletter

Join the Health Connections Mendip team!

We are seeking a new Health Connector to join our expanding, innovative, forward thinking team (Fixed Term 12 month contract from start date) to cover the Glastonbury, Street and Wells area, 37.5 hours per week - annual full time salary: £17,931 We are looking for a compassionate, self-motivated and organised person who thrives on supporting others 1:1 and in groups. The person will work in a person centred way to help local patients to manage their health and wellbeing, access health and community services, set goals that are meaningful to them and develop their support network. Health Connections Mendip team members are employed by primary care and work within a multi-disciplinary team ranging from the voluntary sector to palliative care through to secondary care. To apply visit frommedicalpractice.co.uk/work-with-us/

Parkinson's UK local adviser

Lucy Scott is a Local Adviser for the charity Parkinson's UK and can support people with the condition or their carers, friends or family members. She can help following a diagnosis, provide guidance on how to deal with the day-to-day impact of Parkinson's, provide information about local services and financial assistance, provide emotional support - and offer help in many other ways. Contact adviser9.southwest@parkinsons.org.uk / 0344 225 3696



Elim community meal for families during school holidays

Elim Connect Centre will be hosting a dedicated Community Meal especially for families over the school holidays. Elim already provides three weekly meals for anyone who needs them, linked with its work to end homelessness.

During term breaks Elim has noticed a rise of up to 40 extra meals served per week. In light of this, they are hosting an extra free community meal per week during school holidays - for families only. This hot meal will be available on Thursdays from 12.00 - 2.00pm for families with children who need it. There is an online sign-up page: connect-centre.org.uk/families-community-lunch

Sign up is not necessary, but it is helpful!

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Funding for community organisations

Somerset Skills & Learning is inviting applications for The Stronger Communities Fund before 8 July 2019. The fund can provide up to £35,000 to community groups or organisations that support people of different ages and backgrounds to; acquire a new skill, re-connect with learning to improve health & well-being and prepare for progression to vocational courses to support entry into the workplace or further learning. Contact Peter Stolze on 01749 677786 for further info and an application pack.

St Margaret's Hospice to pilot new one to one service

St Margaret's is piloting a one to one service for people with life-limiting conditions such as cancer, heart disease or COPD. The sessions are also open to carers/family members who may be needing additional support. The person will be able to have up to three sessions, to speak about difficulties they may be facing, and find out about local services, financial help and practical assistance. The service is open to anyone from Street, Glastonbury and Wells areas and will take place every other Mon at Vine surgery. For further info call 07538 546139 or email fen.bagias@nhs.net

MUSE support network – for self employed mums in business

Self employed women in the West Mendip area are invited to help create a support network of local mothers in business!

Each event will have a different theme and provide you with contacts to support your business growth and ideas. The network aims to provide a supporting role where mothers who are fitting their work around family life can access ideas, peer support, skill sets and more.

Come along to Coffee Zero, Glastonbury, BA6 9DX at 10am, Thursday 13 June to find out more. The group can be found on Facebook – MUSE – Mothers United in Self Employment



Get active in your local area as a Community Connector

There are over 1,000 trained Community Connectors in Mendip who help friends, family, colleagues & neighbours find the right health and wellbeing support in their communities. Free training is provided and all attendees receive a Community Connector badge. For further information visit healthconnections Mendip.org