

## Let's Connect!

June 2019 newsletter

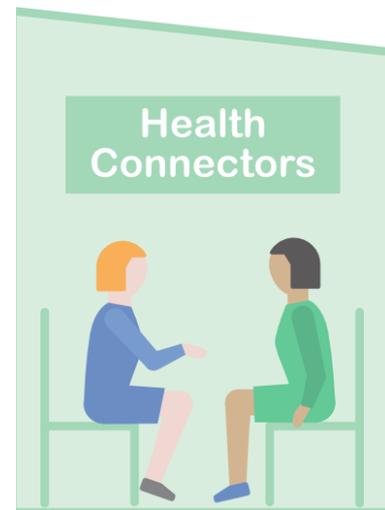
### Free Introduction to Permaculture at Windsor Hill Wood

On Wed 26 June, from 10am - 3pm a taster day is being organised at Windsor Hill Wood, Shepton Mallet, BA4 4JE to demonstrate the principles and ethics of permaculture, including examples already in action at the site. The workshop will be lively, participatory and thought provoking and will include activities such as:

A web of life game, a walk to see permaculture in action, an observation activity and a short permaculture design activity in groups.

Free to Somerset residents over 19 years old (in partnership with Somerset Skills and Learning)

For more information and to book your place, contact Katharine on 01749 347377 or email [contact@windsorhillwood.co.uk](mailto:contact@windsorhillwood.co.uk)



### Parkinson's UK local adviser

Lucy Scott is a Local Adviser for the charity Parkinson's UK and can support people with the condition or their carers, friends or family members. She can help following a diagnosis, provide guidance on how to deal with the day-to-day impact of Parkinson's, provide information about local services and financial assistance, provide emotional support - and offer help in many other ways. Contact [adviser9.southwest@parkinsons.org.uk](mailto:adviser9.southwest@parkinsons.org.uk) / 0344 225 3696

### Join the Health Connections Mendip team!

We are seeking three new Health Connectors to join our expanding, innovative, forward thinking team including 2 part-time posts covering the Frome area and 1 full-time post covering the Glastonbury, Street and Wells area. We are looking for compassionate, self-motivated and organised people who thrive on supporting others 1:1 and in groups. They will work in a person centred way to help local patients to manage their health and wellbeing, access health and community services, set goals that are meaningful to them and develop their support network. Health Connections Mendip team members are employed by primary care and work within a multi-disciplinary team ranging from the voluntary sector to palliative care through to secondary care. To apply visit at [fromemedicalpractice.co.uk/work-with-us/](http://fromemedicalpractice.co.uk/work-with-us/)



# Let's Connect!

June 2019 newsletter



## Funding for community organisations

Somerset Skills & Learning is inviting applications for The Stronger Communities Fund before 8 July 2019.

The fund can provide up to £35,000 to community groups or organisations that support people of different ages and backgrounds to; acquire a new skill, re-connect with learning to improve health & well-being and prepare for progression to vocational courses to support entry into the workplace or further learning.

Contact Peter Stolze on 01749 677786 for further info and an application pack.

## Volunteering for Dorothy House

Do you live in or near to Frome?  
Would you like to be part of a group that volunteers and fundraises for Dorothy House Hospice Care?

If you're interested in joining the Frome Friends of Dorothy House group please contact Steph Cox via email: [steph.cox@dorothyhouse-hospice.org.uk](mailto:steph.cox@dorothyhouse-hospice.org.uk)

## New creativity SHED in Frome from Edventure

Edventure: Frome is setting up a new SHED - a weekly event focused on making things, productivity and creativity. This initiative aims to support wellbeing, build community and help people to start selling what they make.

If you are local (within reach of Frome) and 18 - 35 (ish) then Edventure encourages you or young people you know to get involved and play a part in getting this off the ground.

For more information, email: [newshedforfrome@gmail.com](mailto:newshedforfrome@gmail.com)



## Get active in your local area as a Community Connector

There are over 1,000 trained Community Connectors in Mendip who help friends, family, colleagues & neighbours find the right health and wellbeing support in their communities.

Free training is provided and all attendees receive a Community Connector badge. For further information visit [healthconnections-mendip.org](http://healthconnections-mendip.org)