

2017 /  
2018



Over **1,000**  
people supported  
one to one by a  
Health Connector



**224** Talking Cafes

**87%**  
said their emotional  
wellbeing had  
improved



**11,100**  
signposting  
conversations



**100s** of people  
attending the  
groups that we have  
set up to become  
self sustaining



**56%**  
said they felt they  
had visited the GP  
less frequently



**555**  
Community  
Connectors

**78** On Track Groups



**45,744**  
website hits



**82%**  
said they felt more  
connected to the  
community



**4** six week  
Self Management  
Programmes

