





WHAT IS IMPORTANT TO YOU?

- ◆ Improving your health and wellbeing
- ◆ Meeting new people
- ◆ Getting involved in community projects and training

There are lots of ways you can get support or get involved. To find out more visit our website, call us, visit a Talking Bench or Talking Café or train as a Community Connector.



Talking Café: _____

Talking Bench: _____

Call: 01373 468368

Email: mendip.healthconnections@nhs.net

Visit: www.healthconnectionsmandip.org

Mendip General Practices working with you to improve your health and wellbeing

